

Chilly Duathlon Race Report, November 2007

Castle Coombe Race Circuit, Wiltshire again played host to this early-season leg-loosener under pleasant late-autumn skies. As a trial BUSA event there was plenty of competitive inter-university interest with Oxford, as usual, putting in a fantastic showing with our men and women tearing up the race track like Lewis Hamilton on EPO*. The only slight disappointment was the lack of sexy hot tubs.

The course, a 2 mile run, 10 mile bike and 2 mile run, was virtually pan-flat and an ideal opportunity to post a fast time, provided you'd actually done some early season training (which seemed in rather short supply!). One person who clearly *had* done some training was Katy Moore who won the Female BUSA event in 52.30 and placed Second overall in the Women's race. Ross Muir came home first Oxford male in 51.05 and overall 33rd place.

- Ross 51:05 (33rd)
- Robin 51:21(38th)
- Henry 51.38 (44)
- Katy 52.30 (52 overall, 2nd woman and FIRST BUSA WOMAN!)
- Alastair 52.40 (54)
- Nick 53.04 (63)
- Geoff 53.42 (70)
- Adam 53.55 (72)
- Ruth 55.59 (91, 10th woman)
- Kathy 57.56 (115, 13th woman)
- Thomas 57.56 (116)
- Josie 62:39 (16th woman)

Post-race everyone sprinted for the nearest pub in Castle Coombe village for a well-deserved pint and Sunday lunch. It was noted in some quarters that some people seemed to put considerably *more* effort into the race to the pub than they had during the race itself!

Overall this was a well-organised race (despite some provisional errors in the prizegiving which saw Katy temporarily overlooked!) on a great circuit. The bike course especially was wide, pretty flat and quick! And with BUSA points likely to be up for grabs in 2008 its certainly an event to pencil in to your 2008 race schedule.

*Disclaimer: none of our athletes were actually using EPO or any other banned substance, though rumours abound that at least one athlete may have previously missed two out-of-competition tests!